Alzheimer's Outreach Program Caregiver Support Group 2024 Meetings

Social support, helpful information, and resources for family and friends of individuals with Alzheimer's Disease and other dementias

Held every last Tuesday of the month from 6:00 - 7:30 pm.

January 30 February 27 March 26 April 30 May 28 June 25 July 30 August 27 September 24 October 29 November 26 *December 17



Meetings are via the Zoom platform. To attend, please email terrymh@upmc.edu.

The support group is facilitated by Maryn and Melita. Contact Melita with any questions regarding meetings at 412 692-2712 or email at <u>terrymh@upmc.edu</u>.

