Genome-wide meta-analyses of cognitive decline across neurocognitive domains in older adults stratified by APOE genotype

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BACKGROUND

Apolipoprotein (APOE) is one of strongest risk factors for lateonset Alzheimer's disease (LOAD).

The APOE polymorphism is determined by three alleles (E2, E3 and E4), resulting into six genotypes: APOE 22, 23, 24, 33, 34 and 44.



DISCUSSION

As described previously, the Chr9q21.32 signal is an eQTL for the nearby genes, RASEF, KIF27 and IDNK in blood and brain tissues and these genes play a role in RNA-binding.²

➤ The intergenic signal near RNA5SP208 and RNU766P on chromosome 6 in the APOE 3 group, which is associated with global cognitive decline, is found to be in linkage disequilibrium (LD) with reported significant SNPs associated with educational attainment⁴ and cognitive decline in AD.⁵

➤APOE polymorphism has a differential effect on the risk of LOAD such that the E4 allele is associated with increased and E2 with decreased risk of AD as compared to E3 allele.¹

➤APOE4 allele has also been associated with cognitive decline in healthy adults, especially with decline of memory, executive function and global cognitive function. ^{2,3}

➤The strong effect of APOE4 might mask the effect of other genetic factors of cognitive aging. RNA5SP208 is a ribosomal pseudogene and RNU766P codes for the U7-small nucleolar pseudogene, both of which are expressed in the brain. Although pseudogenes have been thought to be nonfunctional, recent studies suggest pseudogenes might be expressed in a tissuespecific manner and could be involved in gene-silencing.

➤The chromosome 5 signal associated with decline of language in APOE4 group is an eQTL for HSD17B4 (p=1.92E-08), DTWD2 (p=0.0048) and DMXL1 (p=0.0052) in blood. Interestingly, HSD17B4 is a known risk gene for Perrault syndrome, an autosomal recessive disorder with hearing loss, intellectual disability and cerebral ataxia ⁶ and a variant eQTL for DTWD2, rs421765, has been previously associated with severe otitis media, severe ear infection, in an Australian Aboriginal population.⁷

In order to identify novel genetic markers associated with age-related cognitive decline, we conducted genome-wide meta-analyses in three APOE groups: E2 (22/23 genotypes), E3 (33 genotype) E4 (34/44 genotypes); subjects with 24 genotype were excluded.



A previously described novel signal for decline of attention on Chr9q21.32 in this sample without APOE genotype stratification (top Figure) was found to be confined in the APOE 3 group at genome-wide significance (GWS) level (β= -0.288; P=9.95E-09; 2nd from top Figure).

≻In the APOE 3 group, we identified a novel GWS signal for

➤Children with congenital hearing loss also manifest language delay and cognitive impairment. The association of genes involved in auditory loss and infection with decline of language in older adults suggests the potential role of these genetic variants in the decline of language in older age.

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Genome-wide meta-analysis was conducted using common and low frequency variants (minor allele frequency (<=1 %) using fixed effect meta-analysis in METAL.

Individuals aged 65 and above from three longitudinal cohorts were assessed for the intraindividual variation in cognition. decline of global cognitive function on Chr6q12 (β = -0.507; P=1.44E-09) in the intergenic region (3rd from top Figure). The same signal was also observed at a nominal significance in the *APOE* 23/22 group, but in the opposite direction (β = 0.57; P= 2.75E-03).

In the APOE4 group, we observed a novel signal for decline of language on Chr5q23.1 (β= 0.693; P=3.79E-08) in the intergenic region (bottom Figure). F., . . . Sachdev, P. (2020). APOE ε4 and the Influence of Sex, Age, Vascular Risk Factors, and Ethnicity on Cognitive Decline. *The Journals of Gerontology: Series A*, *75*(10), 1863-1873. doi:10.1093/gerona/glaa116.

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