



“My name is Sylvia. I don’t have Alzheimer’s. My sister, Norma, doesn’t either, but we participate together in Alzheimer’s disease research. This is our story.”

We can’t solve Alzheimer’s without you.

Alzheimer’s disease is a type of dementia that causes problems with memory, thinking and behavior.

Sylvia joins her sister at her yearly visits to the University of Pittsburgh Alzheimer’s Disease Research Center. We recently spoke with Sylvia to learn about her experience.

Q: How did you learn about the Alzheimer’s Disease Research Center?

A: “My sister, Norma, thought that she might have been going into Alzheimer’s. I really thought a lot of it was stress, but she was worried that it might be something more. If this study was going to help her pinpoint what she was going through, then it was a good reason to come.”

Q: It sounds like you are making an important contribution; are there any rewards that you gain through participating?

A: Just that I’m helping. I’m helping my sister and I’m helping the overall study. The information that they’re gathering will also help someone else.”

Q: In your own words, what would you say research is?

A: “Research is gathering data that can be applied to whatever it is that you’re looking at. You gather enough that it makes sense. If it’s something that happens again and again and again, then you can look at it as a root cause for something. It is a basis for moving forward.”

Q: What is the value of research?

A: “The value of research is to better lives and to better the situation and condition of living for everyone. I think that some of the research is to see if they can reverse Alzheimer’s or slow it down. There may be a cure one day.”



Join Sylvia in supporting a loved one as a research participant at the Alzheimer’s Disease Research Center. Participating in research is a rewarding experience!

- Be part of a welcoming community
- Feel good about helping others
- Advance the search for a cure

Contact the University of Pittsburgh Alzheimer’s Disease Research Center to learn more about becoming a research participant at **adrc.pitt.edu** or **412-692-2700**.

REPRESENTATION IN RESEARCH

"We need to band together to increase minority participation—and African American participation in particular—in clinical trials. It’s the only way to ensure that new drugs, treatments, and therapies are both safe and effective for our community."

Stephanie Monroe

Director of African Americans
Against Alzheimer’s



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The University of Pittsburgh Alzheimer’s Disease Research Center (ADRC) is one of the nation’s leading research centers specializing in the diagnosis of Alzheimer’s Disease and related disorders.

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