

## What the Research Shows:



UNIVERSITY OF PITTSBURGH  
ALZHEIMER OUTREACH CENTER

## Join the fight against Alzheimer's Disease in the African-American Community

**More than 5 Million people have been diagnosed with Alzheimer's disease. That number is expected to jump to 16 million by 2050.**

- ▶ Alzheimer's disease is more prevalent among African-Americans than among whites - with estimates ranging from 14% to almost 100% higher
- ▶ The number of African-Americans age 65 and over will more than double by 2030, from 2.7 million to 6.9 million by 2030
- ▶ There is a great familial risk of Alzheimer's disease in African-Americans
- ▶ Genetic and environmental factors may work differently to cause Alzheimer's disease in African-Americans

*\*Source Alzheimer's Association  
African-Americans and Alzheimer's disease:  
The silent epidemic.*

The mission of the Alzheimer Outreach Center is to increase the awareness of Alzheimer's disease in the African-American and disadvantaged communities.

The University of Pittsburgh Alzheimer Disease Research Center (ADRC) was established in 1985 by a grant from the National Institute on Aging (NIA). The Alzheimer Outreach Center (AOC) is the ADRC community satellite program.

The AOC provides:

- ▶ Evaluations of individuals with memory and thinking problems
- ▶ Diagnosis
- ▶ Recommendations for Treatment
- ▶ Education and counseling for patients and families
- ▶ Referrals to community resources
- ▶ Support groups for caregivers
- ▶ Opportunities to participate in research studies

### Alzheimer Outreach Center

Hill House Center  
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Pittsburgh, PA 15219

412-261-0742

<http://www.adrc.pitt.edu>

The University of Pittsburgh is an affirmative action,  
equal opportunity institution.

## We need Healthy Volunteers to be part of our Study



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Part of the Hill District  
community since 1992

# Help us by joining in the fight



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We know that Alzheimer's Diseases exists in the African-American community, what we do not know is how much it is affecting the community.

## We Need African-Americans to participate in our study as "healthy volunteers".

A "healthy volunteer" is someone who is age 65 or over and is not experiencing serious problems with their memory or other thinking abilities.

"Healthy volunteers" are very important in the fight against Alzheimer's disease. By participating you will help us better understand the normal aging process. The results of your evaluation will be compared to other African-Americans your age who have been diagnosed with Alzheimer's disease. Please help us gain a better understanding of how Alzheimer's disease is affecting the African-American community.

## Study Participation involves:

- ▶ Free medical/ neurological examination
- ▶ Paper and pencil testing
- ▶ Interviews with health professionals

Volunteers are required to bring a "study partner"— a friend or relative who can accompany the volunteer and answer questions about him or her.

With your consent, the results of your evaluation can be shared with your primary care physician.

The Alzheimer Outreach Center (AOC) provides opportunities to participate in additional studies in order to benefit the community.

Evaluations are conducted at Montefiore Hospital in the Oakland section of Pittsburgh. (reimbursement provided for parking)

## All Information is Confidential

## What is Alzheimer's Diseases?

A dementia is a medical condition that affects memory and thinking. Alzheimer's disease (AD) is the most common cause of dementia in older people.

The disease usually begins after age 65, and the risk of AD goes up with age. Only a small fraction of people between 65 to 74 have AD. Nearly half of those ages 85 and older may have AD. It is important to note that AD is not a normal part of aging.

## How can you help?

In research, information is collected from "healthy volunteers" and compared to information collected from those who have Alzheimer's disease. In this way, scientists can learn more about the normal aging process, and how Alzheimer's disease is different from normal aging.



For more information contact the:

**Alzheimer Outreach Center**

412-261-0742